

Food Bites

If you hanker for exquisite Japanese food, love to sink your teeth into pizza or need the low-down on a celebrity-chef-to-be, Helen Flanagan has some suggestions.

Ready Steady Matt

It was a thrill to recommend Ricky Ricardo's maestro of the kitchen, head chef Matt Golinski as a participant in the Australian version of the UK hit, *Ready, Steady, Cook*.

The program, which will screen sometime this month on Network Ten, is essentially a cook-off between two chefs in front of a studio audience. Two guest contestants have \$20 to spend on ingredients, with which the chefs have to create dishes in 20 minutes.

You might not recognise his face in the street at the moment, however look out, because the very talented Matt has all the makings of becoming a celebrity chef.

It is believed that only two chefs from Queensland have been chosen - the other being Alastair McLeod, executive chef at Bretts Wharf in Brisbane. What a coup for Noosa.

